

HOW TO DEAL WITH

Red flags suggesting that you're simply looking for excuses



2. You suddenly say that the things you've disliked so far in your life aren't that bad actually.

3. You're searching for reasons why "this" can go wrong instead of coming up with ideas why "this" can work.



1. You're talking A LOT to your friends and family members about the reasons why it's not a good idea to do "that".



4. You're suddenly extremely busy. With everything. And you make every activity super time-consuming.

