

# 24 Character Strengths

## Justice

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**Leadership**

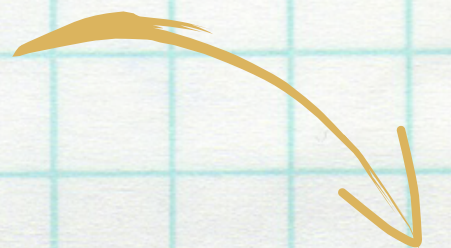


**Teamwork**



**Fairness**

Discover a few ideas  
how to use your  
strength

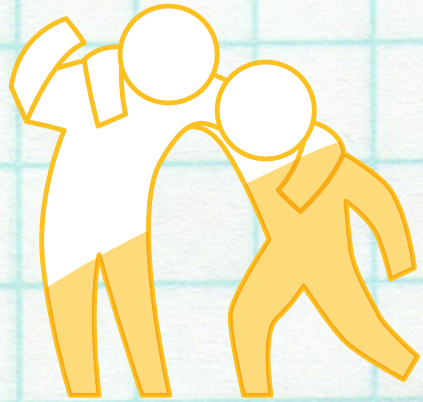






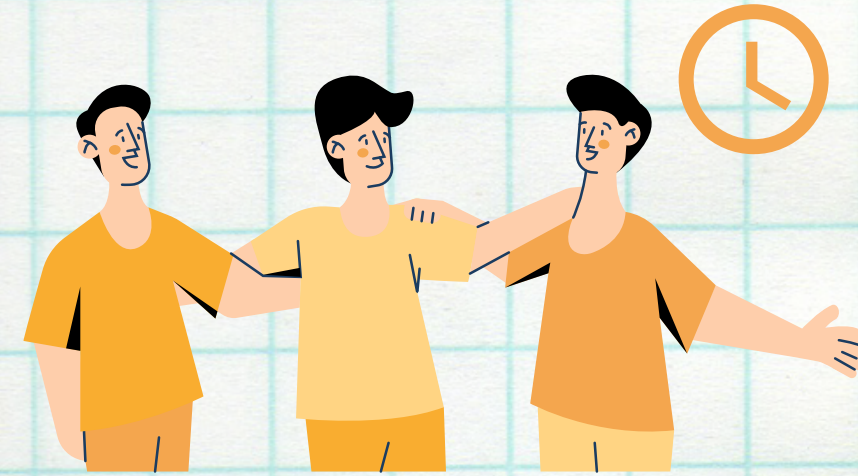
# Justice FAIRNESS

## 6 ideas how to use it

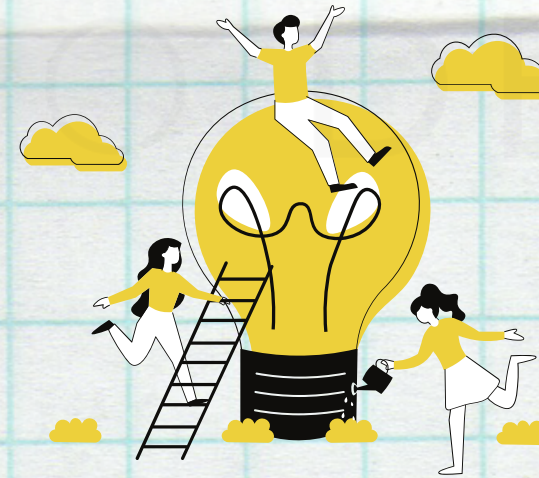
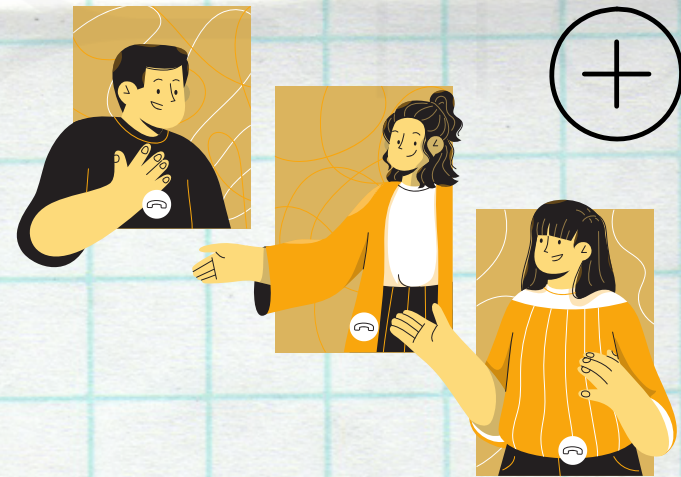


**Search for people or animals that are mistreated and treat them right**

**Mull over ways to be fairer with your friends and relatives - do you spend enough time with them?**



**Bring someone into a conversation who is always excluded**



**Ask for different opinions while facing a problem**



**Discuss openly a major issue relating to social justice (social media, a letter to a newspaper)**

**Involve your colleagues in decisions that concern them and let them question your ideas**





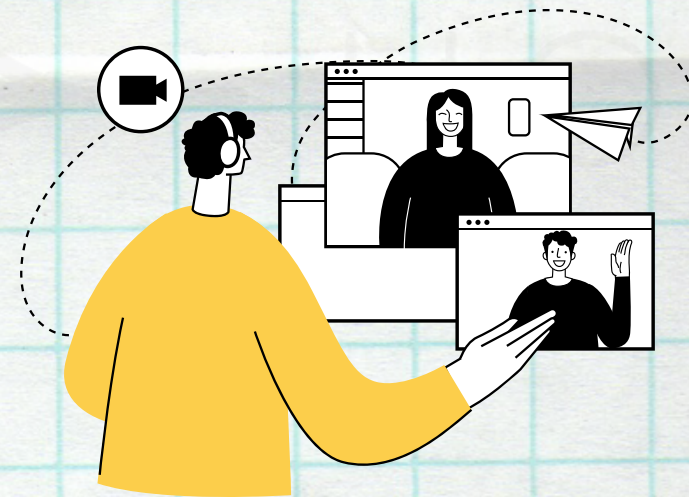


## 6 ideas how to use it

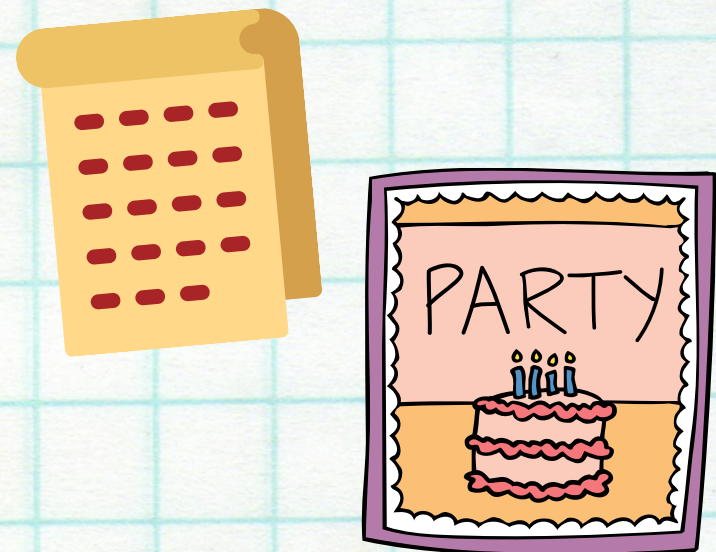


**Further a cause you believe in by setting up a group and leading it**

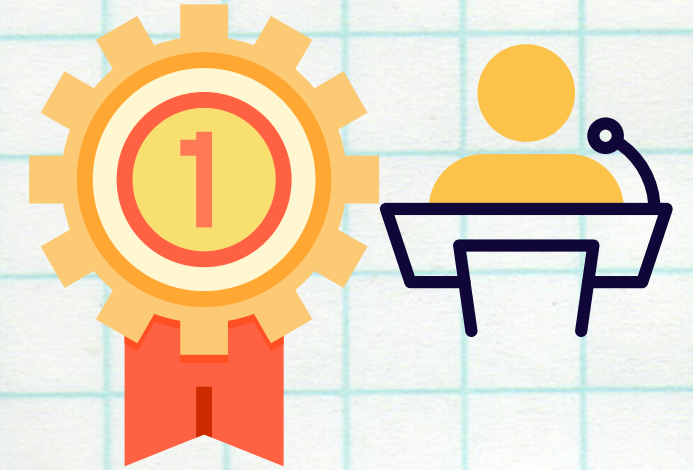
**Talk to your subordinates about their top strength and boosting its usage at work**



**Plan and organise a social event at work, even someone's birthday**



**Who is or was your role model regarding leadership? What kind of behaviour might be good to imitate?**

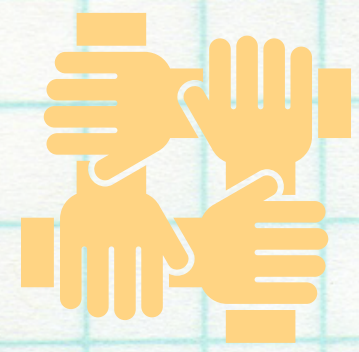


**Plan a family gathering that involve members who don't normally spend time together**

**Be your own leader - deal with something you've been dragging your feet on - outline a plan!**

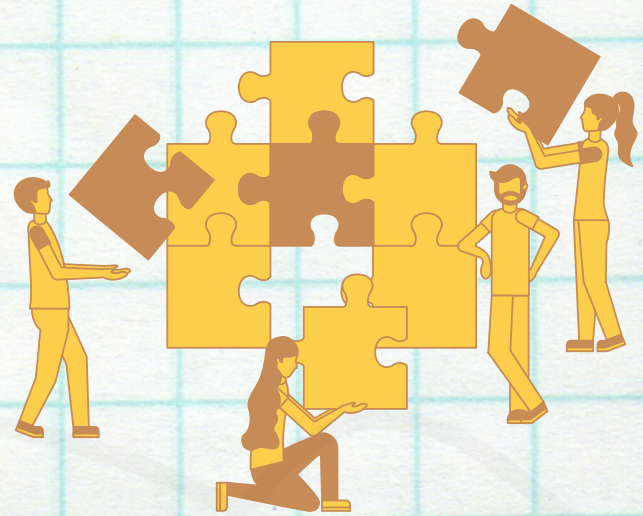






# Justice TEAMWORK

## 6 ideas how to use it

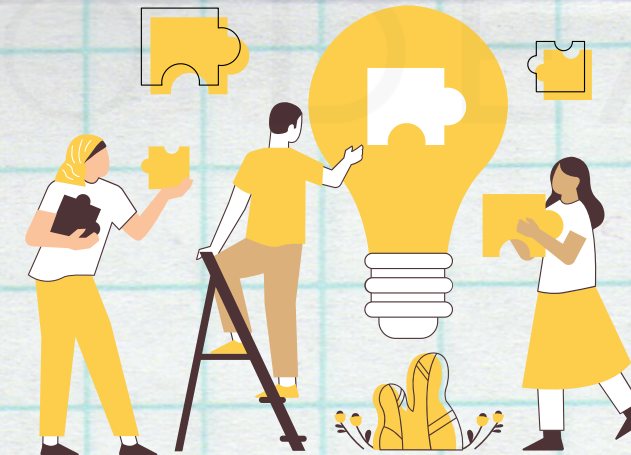


**At work, look back on a positive team collaboration and mention it during your next team meeting**

**Next time when your friend shares their problem with you ask them if you can face the problem together as a team**



**Praise your team members for their strenghts**



**If your colleagues are struggling with a task, check if they need help with one of the elements**



**Join a community service project in your town**

**In which ways are you and your intimate partner a "team"? Tackle your next obstacle with this approach**





## Disclaimer:

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## References:

**Niemiec R.M., (2018). Character Strengths Interventions. A field Guide for Practitioners. Germany: Hogrefe Publishing**

**Niemiec R.M. and McGrath R.E., (2019). The Power of Character Strengths: Appreciate and Ignite Your Positive Personality. The United States of America.**